

# **BATTLE OF UTRECHT**

**5 October 2014**



**SPARRING & TULS & PRE ARRANGED  
youth, junior and senior**



**I.T.F. Netherland the Master Series**

**Sports Hall**

**Utrecht, Sporthal Nieuw  
Welgelegen**

**Grebbergenlaan 13 3527 VX  
Utrecht, Netherlands**

organization    Master James Tjin-A-Ton  
                      Henny van Zon  
                      Liesbeth Willems  
e-mail            info@itf-taekwondo.nl  
phone            +31 6 54 277 369  
web                www.itf-taekwondo.nl





# BATTLE OF UTRECHT

Sunday 5 October 2014

## **Place/Time Table**

**Sports Hall Nieuw Welgelegen Utrecht the same as the last years.**

**Walking distance from the centre of Utrecht and train station.**

Grebbergenlaan 13

3527 VX Utrecht

Utrecht, Netherland

Sport hall open:	08.00 hour
Measuring kids and weight inn juniors/adults weight inn	08.15-09.00 hour
Umpire meeting:	08.30-09.00 hour
Coach meeting:	09.00 hour
Opening:	09.15 hour
Start Kids & Juniors/Adults Pattern	09.30 hour

## **Sparring time:**

Kids:	1 x 1,5 minutes, extension time 30sec. still a draw than golden point.
Junior/Senior B classes:	1 x 2 minutes
Junior/Senior A classes:	1 x 2 minutes
Extension time	1 x 1 minutes, still a draw than golden point
(the organizer has the right to change the time and the tournament rules)	

Everybody has to come to the weight-inn for a stamp on their card also for pattern and pre-arranged. Under weight is not allowed. For the weigh-inn Dobok trousers and T shirt.

## **Divisions and classes:**

A divisions: blue belt and higher (continue syteem)

B divisions : white belt up to green/blue belt (point-systeem)

-There divisions and classes for kids/juniors/seniors

-length and weights

-Knock-out system ( 1 x 3e place)

-Male/female kids/juniors/seniors are divided in separate classes, all ITF doboks are allowed.

## **Ages:**

Kids male:	up to 14 year
Kids female:	up to 14 year
Junior male:	15 / 16 en 17 year
Junior female:	15 / 16 en 17 year
Senior male:	18+ year
Senior female:	18+ year

## **Length Sparring:**

Kids male: -130, -140, -150, -160, -170, +170

Kids female: -130, -140, -150, -160, -170, +170

## **Weight classes Sparring:**

Junioren female	: -45, -50, -55, -60, -65 kg, +65 kg
Junioren male	: -50, -56, -62, -68, -75 kg, +75 kg
Senioren female	: -50, -56, -62, -68, -75 kg, +75 kg
Senioren male	: -57, -63, -70, -78, -85 kg, +85 kg

Changes in the length/weight classes can be made but will cost **€20,-** per change.  
(The organization reverses the right to put divisions together).

## **Patterns/Tuls:**

Division pattern	: 10e t/m 8e Gup, 7e t/m 5e Gup, 4e t/m 1e Gup
	: 1e Dan, 2e Dan, 3e Dan, 4e Dan+

**Colored belts** only performs one **designated** pattern against each other.

**Black belts** performs one **designated** pattern against each other.

2 competitors against each other. KO system

- 10 - 9 gup	: up to Chon-Ji
- 8 gup	: up to Dan-Gun
- 7 gup	: up to Do-San
- 6 gup	: up to Won-Hyo
- 5 gup	: up to Yul-Gok
- 4 gup	: up to Joong-Gun
- 3 gup	: up to Toi-Gye
- 2 gup	: up to Hwa-Rang
- 1 gup	: up to Choong-Moo
- 1 dan	: up to Ge-Baek
- 2 dan	: up to Juche
- 3 dan	: up to Choi-Yong
- 4 dan +	: up to Moon-Moo

## **Umpires:**

Must wear, blue/black trousers, white shirt long sleeves, blue/black tie, with socks and shoes.

1 up to 7 competitor: 1 umpire

8 up to 15 competitor: 2 umpire

16 + competitor: 3 umpire, one centre referee.

No umpire? There will be a fine of € 75,- for every missing umpire

**-For every umpire we have a nice hot meal!!!!**

## **Coaches( only in track suite and with a towel):**

1 up to 5 competitors: 1 coach

6 up to 10 competitors: 2 coaches

11 up to 15 competitors : 3 coaches

16 + competitors: 4 coaches

**Attention: We want to do also something for the coaches because, they stimulate their participants to compete, train& support them. For every foreign coach (max 4, see list above) we have a nice hot meal!!!!**

## **Rules:**

-Semi-contact individual points:

a. 1 point for all hand techniques head/chest

b. 2 points for all kicks at the chest

c. 3 points for all licks to the head.

- No open hand safety kicks or boxing gloves are allowed, also for example to thin black "Kwon" safety's.

-Soft shin protection is allowed,

**-Head guard and transparent mouth guard is mandatory for everybody!!!!**

-Semi-contact individual sparring (I.T.F-Taekwon-Do rules );

-Tuls (individual) Knock down system, umpires declare the winner by hand signal.  
-Pre-Arranged(**only A classe**) Knock down system, umpires declare the winner by hand signal see **T50 ITF tournament** rules. In a tie (0 points for more than an acrobatic movement of a competitor, or not between 60-75 sec, more than one final blow) it will be the umpire decision.

Points, warnings, minus points and disqualification are recording of the ITF rules.

<http://www.tkd-itf.org/pagina.php?idpag=1169&web=47&lng=3>

Beware: Holding and grappling is now a minus point.

In case of a dispute the head referee has the final decision. Protest form available at the WOC table fee €50,-

### **Fee competition:**

1 event € 20,-  
2 events € 25,-  
Pre-arranged € 20,-  
Entree supporters: € 5,- per person  
There will be no restitution of the entry fee

### **Overall trofee:**

Also this year there will be an Overall club winner.

**Deadline for the entry forms is Sunday 21 september 2014**

### **Please send the forms to:**

Henny van Zon en James Tjin-A-Ton & Liesbeth Willems  
Dommelseweg 87A  
5554 NM Valkenswaard  
Tel: +31402070900 / +31654277369 (James)  
E-mail: [info@sportprijzenvalkenswaard.nl](mailto:info@sportprijzenvalkenswaard.nl) en [info@itf-taekwondo.nl](mailto:info@itf-taekwondo.nl)

### **Organisation:**

Taekwon-Do IN NAE DO KWAN  
Master James Tjin-A-Ton & Liesbeth Willems  
Henny van Zon (WOC)  
Tel: +31(0)6 54 277 369  
E-mail: [info@itf-taekwondo.nl](mailto:info@itf-taekwondo.nl)  
Web: [www.itf-taekwondo.nl](http://www.itf-taekwondo.nl)

### **Liability:**

Every competitor/school is himself responsible that he/she is taken part without physical or mental restrictions or medical indication in this tournament.. The organization is not responsible for any damage as a result of careless acts.  
By participation ones agrees .

## Hotel accommodation:

Website hotels:

[www.channels.nl/hotel\\_index\\_nl\\_utrecht.html](http://www.channels.nl/hotel_index_nl_utrecht.html)

## By Car :

### From Amsterdam, Den Haag and 's Hertogenbosch

- exit 8 A2 follow the sign Papendal/Langerak/**Centrum** stay on the **right** side of the road
- Drive straight , after the roundabout 24 oktoberplein, also straight follow the sign Centrum-Jaarbeurs
- After 500m you will see an **Shell tank station** on your right, turn right the street Overste den Oudenlaan
- Traffic lights, straight, you will see the Sport shall on your right
- First street to your right **Grebbergenlaan** sport shall Nieuw Welgelegen

### Coming from Arnhem follow direction Ring Utrecht-Nieuwegein

Stay on the right side of the road and please follow the sign Ring Utrecht

- Then follow the exit and sign Jaarbeurs and see above.

